



PIGMENT/TATTOO REMOVAL AFTERCARE

1. **KEEP AREA CLEAN** and open to the air. Do not cover with a Band-Aid or anything else, leave open to air. Air/oxygen provides good and faster healing. You should not be touching the area at all but if you find yourself needing to please make sure your hands are exceptionally clean.
2. **CLEAN BY BLOTTING AREA** with saline 3 to 4 times a day using a paper towel or gauze. NO ICE.
3. **DO NOT SOAK** the treated area in water. You can shower as normal but keep the area out of the shower spray the best you can and do not let the area stay wet for more than a few minutes. It is best to keep it dry but if you do get it wet gently pat dry.
4. **NO BATHING, SWIMMING, SAUNAS, HOT TOBS, TANNING, OR EXERCISE.** NO EXCEPTIONS.
5. **DO NOT** disrupt the scabbing process (i.e. no picking, scratching, etc.) All scabbing needs to fall off naturally. If you force or pick a scab off you will disrupt the process and possibly cause scarring. It is critical to keep the scabs on as long as possible to achieve optimum results.
6. **TREAT AREA WITH TLC.** DO NOT DO ANYTHING AT ALL THAT COULD CAUSE ISSUES OR PROBLEMS TO THE TREATED AREA.
7. **ONCE ALL SCABBING HAS NATURALLY FALLEN OFF,** apply one drop Vitamin E Oil 3 to 4 times throughout the day for a minimum of 4 weeks, or until next lightening session. DO NOT start applying the Vitamin E oil **UNTIL** all scabbing has naturally and completely fallen off. It is our goal to keep the area as dry as possible until all scabs have naturally fallen off.
8. **LIPS** please drink all liquids with a straw until all scabbing has naturally fallen off. Brush with Classic Crest (no whitening, no peroxide toothpastes. Cut food into small bites...no biting into a sandwich. Try to keep mouth expressions to a minimum.

DONT'S

- ✦ NO PICKING
- ✦ AVOID SAUNAS, POOLS, STEAM ROOMS
- ✦ NO BOTOX OR FACIALS
- ✦ NO SWEATY EXERCISE
- ✦ NO MAKEUP ON OR AROUND BROWS
- ✦ DO NOT WET IN SHOWER
- ✦ DO NOT TOUCH, ONLY WHEN CLEANING
- ✦ NO TANNING OR SUNBATHING

